

#### The Power of Silence

**October Sermon Series** 



#### Waiting Silently for God

**Lesson One** 

## "Silence is God's first language."

# "Your inner life is like a banana tree filled with monkeys jumping up and down."

### Five Simple Ideas to Silence the Monkeys:

- 1. Flip the Off Switch
  - 2. Be Patient
  - 3. Surrender
  - 4. Be Intentional
    - 5. Relax

#### Psalm 62:1,5

Scripture Lesson

Truly my soul silently waits for God; From Him comes my salvation. He only is my rock and my salvation; He is my defense; I shall not be greatly moved. My soul, wait silently for God alone, for my expectation is from Him.

Psalm 62:1,5

#### "Waiting Patiently"

Psalm 40:1, I waited patiently for the LORD; he inclined to me and heard my cry.

#### "Waiting Hopefully"

Psalm 130:5-6, "I wait for the LORD, my soul waits, And in His Word I do hope. My soul waits for the Lord. More than those who watch for the morning—Yes, more than those who watch for the morning."

#### "Waiting Longingly"

Psalm 13:1-2, How long, O LORD? Will you forget me forever? How long will you hide your face from me? How long must I take counsel in my soul and have sorrow in my heart all day? How long shall my enemy be exalted over me?

#### "Waiting Expectantly"

Psalm 5:3, In the morning, LORD, you hear my voice; in the morning I lay my requests before you and wait expectantly.

## Silence Accomplishes Four Things:

## 1. Silence Before God Encourages REST.

## 2. Silence Before God Induces REVERENCE.

## 3. Silence before God stirs ANTICIPATION.

Psalm 65:4, Blessed are those you choose and bring near to live in your courts! We are filled with the good things of your house, of your holy temple.

Psalm 62:5, My soul, wait in silence for God only, for my hope is from Him.

## 4. Silence Before God Inspires WORSHIP.

# But the LORD is in His holy temple. Let all the earth be silent before Him. (Habakkuk 2:20)

## When God commands our silence, He is commanding our reverence and our worship.

Ecclesiastes 3: 1,7, There is a time for everything, and a season for every activity under the heavens: a time to be silent and a time to speak.

## Psalm 37:7, Be still before the Lord and wait patiently for Him.